



**LearningDisability.co.uk**



**Training Courses**

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## A few testimonials

// Thank you for the training - we have not seen such enthusiasm about a training course before. //

**Anne (Harrow)**

// I have worked with people with ASD for many years and am currently the 'autism lead' for the secure service I work in – I find my patients inspirational, and am passionate about ensuring their needs are both recognised and appropriately supported. I left the training with new insight and renewed enthusiasm for this task, which can seem monumental at times. Regardless of your level of knowledge and experience in working with ASD, I would really recommend this training day – you are guaranteed to leave it with improved understanding and skills – and a smile on your face! //

**- Louise, Consultant Clinical Psychologist, Doncaster**

// The trainer on our course has extensive knowledge and experience of front line practice, Mental Health & Learning Disability legislation and case law and of contributing his significant expertise through training and writing in this area. It is hoped that he will continue to maintain this contribution for many years to come. //

**- Anne McGarry,  
Lead Nurse for Safeguarding Vulnerable Adults & MCA  
Birmingham Community Health Care Trust**

// Firstly, I am taking this opportunity to say thank you for the training day you facilitated yesterday, not only was your presentation refreshing, it was relevant and I came away with a lot of thoughts and knowledge which can only enhance my practice and benefit the young adults I work for. //

**- Pauline (Harrow)**

// The course on social supervisors was a 'breath of fresh air'. For the first time in my social work career someone was giving me clear direction as to my legal responsibilities as a social supervisor and the practicalities of how to best implement this. The trainer's focus was practitioner based and suddenly, all that had been unclear to me made sense! The very next day I was able to attend an inpatient review on a patient who is subject to Section 37/41 and confidently assert my roles and responsibilities as the potential social supervisor following his discharge from hospital. //

**- Cathie Long (Wales)**

# About Us

We aim to provide information, education, resources, advocacy and services to those working with adults with learning disabilities.

As an organisation we are fully committed to the social inclusion of all people with a learning disability into mainstream society. This can be achieved through the wider education and training of all communities in understanding learning disabilities, it's impact upon the individual, the family and equality of life.



## Our mission

To educate wider society on the specific needs of people with a learning disability and promotion of their equal status in society.

# Course 1: Introduction to working with people with Learning Disabilities

## Who is this course for?

This course is a basic introductory course for those with little if any knowledge of adults with a learning disability. It offers practice based teaching with an opportunity for participants to work through theory and practice case studies.

## Programme

- What is a learning disability?
- Causes and prevalence of learning disabilities
- Law relating to people with learning disabilities
- Values and perceptions of people with a learning disability
- Personalisation
- Health Care - Syndromes associated with learning disabilities
- Learning Disability and mental illness
- Good practice and communication
- Case studies



## Learning Outcomes

- To understand the values in relation to equality of opportunity for people with learning disabilities (Social Inclusion).
- To understand the causes of learning disability and numbers of people with learning disabilities.
- To provide a basic understanding of the law relating to adults with learning disabilities.
- To understand the healthcare needs of people with learning disabilities, and the associations with mental illness.
- Syndromes associated with learning disability: Down syndrome, Autism, Fragile X, Epilepsy and its relationship with mental illness etc.
- To enable participants to understand basic communication and assessment skills when working with adults with learning disabilities.
- Through case studies to develop an understanding by which to utilise other agencies when assessing people with learning disabilities.

# Course 2 : Introduction to Learning Disability & Mental Illness

## Who is this course for?

This course is for all care staff and those who want to enhance their understanding and knowledge of how mental illness impacts on the lives of adults with a learning disability. This course is also suitable for Social Workers, AMHPs & BIAs.

## Programme

- Values and perceptions of people with combined learning disability & mental illness
- Prevalence, causes and diagnosis of mental illness in people with learning disabilities
- Syndromes – associated with mental illness (Autism & Asperger Syndrome)
- Learning Disability & MHA 1983
- Mental illnesses associated with learning disability
- Assessment of mental illness in people with a learning disability
- Good practice to effective assessment
- Case Studies

## Learning Outcomes

- To understand the historical perceptions and values associated with the learning disabled (Social Inclusion).
- To understand the causes and prevalence of mental illness in people with a learning disability.
- To understand the process of assessment under the MHA 1983
- To understand the relationship between mental illness and syndromes, such as Down syndrome and Autistic Spectrum Disorders.
- To identify the main types of mental illness associated with a learning disability.
- To enhance communication skills when assessing people with a combined mental health need and learning disability.
- To enable participants through case study work to enhance their competence in assessing mental health problems in people with learning disabilities.
- To give an understanding of where to access services for those people with a combined learning disability and mental health problems.

# Course 3: Introduction to Autism, Asperger Syndrome

## Programme

- What is Autism (ASC) & Asperger Syndrome (AS). Prevalence, causes of ASC, and the triad of differences.
- Autism & Mental illness
- Asperger syndrome - Inner Space
- Autism/Aspergers inner space - Sensory Overload
- Assessment under the MHA & Case Studies
- Resources & reflection of good practice

## Learning Outcomes

- An overview of Autism & Asperger Syndrome
- To provide participants with an understanding of diagnosis, prevalence & causes
- To enable participants to understand the main mental health needs associated with Autism
- To enable participants to understand the connections between Autism & schizophrenia, including anxiety conditions, depression, OCD, ADD etc.
- To enable participants to understand the impact of sensory issues in Autism and mental health
- To provide case studies in order to develop and promote good practice in identifying mental illness in those with Autism

### Who is this course for?

This course is specifically designed to enable care practitioners, whether community nurses, social workers, care staff and support staff to understand the condition of Autism & Asperger Syndrome. The course covers general awareness, the differences between the two conditions; Autism & Mental Illness and improves the practitioners competence when assessing those whom are or have been detained under the MHA 1983.



# Course 4 : Introduction to Conditions Associated with Learning Disability

## Programme

- What is a learning disability?
- What is a syndrome or condition?
- Down Syndrome the facts
- Autism & Asperger Syndrome
- Fragile X

## Learning Outcomes

- Participants will learn about learning disability and understand its association with certain conditions/syndromes
- To provide an overview of causes and numbers of each condition/syndrome
- To enable participants to understand how Chromosomal and Autosomal genetics impact upon Downs Syndrome, Autism & Fragile X
- To enable participants to understand the impact of conditions on communication
- To explore various associated conditions such as Down Syndrome, Autism, Fragile X with learning disability – the impact upon the individual and family
- Through case studies explore how these conditions affect individuals and the service they receive.

### Who is this course for?

This course is for staff wanting to expand their knowledge and understanding of syndromes associated with learning disability and the impact upon the individual's daily living.



# Course 5: Assessment of Learning Disability under Mental Health Health Act 1983

## Who is this course for?

This course is predominately for Approved Mental Health Professionals (AMHP) assessing people with a learning disability, covering the MH Act and learning disability. The course provides participants with the knowledge and skills to carry out more accurate assessments. The course explores the impact of various syndromes associated with learning disability, including the relationship with mental illness. The course provides good practice guidelines along with how to improve communication during assessments.

## Programme

- Roles & responsibilities of AMHP when assessing people with a learning disability
- Part II & III MHA 1983, Code of Practice and People with a Learning Disability
- Causes, prevalence, and diagnosis of mental illness in people with learning disabilities
- Learning Disability, health and association with mental health
- Chromosomal disorders associated with learning disability/mental health, Autistic Spectrum Disorders Down syndrome & Prader Willie Syndrome
- Explore abnormally aggressive behaviour and irresponsible conduct.
- Best practice – developing basic communication skills

## Learning Outcomes

- To enable participants to develop skills and best practice when assessing people with learning disabilities under the Mental Health Act 1983 & MHA Code of Practice.
- To enable participants to identify and understand how mental illness impacts on the lives of people with learning disabilities.
- Utilising existing AMHP skills in the assessment process.
- To enable participants to understand the various types of mental illness and how these are associated with chromosomal disorders and other syndromes.
- To explore the interface with MHA and MCA in relation to those with a learning disability.
- To enable course participants to develop the necessary skills to interview a person with learning disabilities, taking into account issues of communication, degree of learning disability and /or associated syndromes.
- To update participant's knowledge and understanding on recent changes to Mental Health Law.
- To provide course participants with the skills by which to utilise other agencies when assessing people with learning disabilities.

# Course 6 : Assessment of Autism under the MHA 1983

## Who is this course for?

This course is specifically designed to enable care practitioners, whether AMHP's, community nurses, and social workers to understand the condition of Autism & Asperger Syndrome. The course covers general awareness, the differences between the two conditions; Autism & Mental Illness and improves the practitioners communication skills, thereby developing their skills when assessing those whom are or have been detained under the MHA 1983.

## Programme

- Autism & Mental illness
- Asperger syndrome - Inner Space
- Autism/Aspergers inner space - Sensory Overload
- Assessment under the MHA & Case Studies
- Resources & reflection of good practice

## Learning Outcomes

- To provide a general awareness of Autism, including the triad of differences.
- To enable participants to understand the causes and prevalence of Autism & Asperger syndrome, including associated mental illnesses
- To enable participants to understand inner space an insight into the inner world of Autism/ Asperger Syndrome
- To enable participants to understand issues relation to communication and sensory overload when assessing and working with people with Autism & Asperger Syndrome
- To enable participants to improve their assessment skills for those being assessed under the MHA 1983
- To provide case studies to enable practitioner to apply good practice when assessing individuals with Autistic Condition



# Other courses available



**Courses for social workers, nurses, AMHPs, BIAs, care and support workers in the Health & Social Care Sectors.**

**We also provide bespoke training packages**

## Courses:

- **Introduction to Acting as Appropriate Adult**
- **Down syndrome the facts**
- **Autism Awareness Training for Parents**
- **Introduction to Personality Disorders (also for Children and Family Teams)**
- **Introduction to syndromes associated with learning disability**
- **Introduction to learning disability - LD202**
- **Introduction to Mental Capacity Act 2005**
- **Introduction to DoLS**

## Specialist Courses:

- **Introduction to the Mental Health Act 1983 Parts I, II & III**
- **Introduction to good practice and First Tier Tribunals**
- **Risk assessment for AMHPs and Social Supervisors**
- **Conditional Discharge & Role of Social Supervisor**



# Our mission

To educate wider society on the specific needs of people with a learning disability and promotion of their equal status in society.

Learning Disability is based in the West Midlands but can offer its services nationwide. If you are interested in training events, need consultancy services or would like to promote your organisation on the Learning Disability website then please contact us at:

**LearningDisability.co.uk**

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